Adam Avent

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Work Experience

Line Cook

Cava Mezze Cafe - Greensboro, NC
November 2021 to Present

Follow recipes and procedures to maintain food quality and consistency
Restock food to stations
Keep stations clean and organized
Stand and/or walk for an entire shift
Put deliveries away, plus any additional duties assigned
Ability to cross train across the restaurant to ensure rapid growth
Stand for long periods of time and lift up to 50 pounds
Close listening for needed items in orders

Grill Cook

Cracker Barrel - Greensboro, NC
February 2014 to April 2020

Knowledge of menu recipes and abbreviations
Use measurements for food costs and trademark signature recipes
Placing food on trays in window with tickets for server pickup
Providing orders in reasonable time for customers In fast pace environment
Knowledge to operate new software technology installed touchscreen computers where order information is transferred for faster preparation than old handwritten order tickets
Rotating food products in refrigerator and freezer FIFO method to keep down waste costs and prevent customer illness

Operator/Packer Production Associate

CPP Global - Greensboro, NC
July 2010 to August 2014

Checking for defective product pieces/parts of product orders such as splay,
non-fills or short fills, grease, and flash and other problems
Repairing parts if possible but scrap to waste those parts unable to be repaired Weighing parts of products on scales (amounts of parts of products as well as weight of box) Boxing parts of product
Taping boxes of product parts when a completed amount of order is boxed and weighed Labeling boxes with shift number, operator number, date, and number of box
completed
Filling out data paper of amount for waste and defects and number of boxes
completed, how many parts belong in boxes and how many parts belong on skids/pallets

Education

Diploma
James B. Dudley High School - Greensboro, NC

Skills

- Cleaning Experience
- Cooking
- Kitchen Experience
- Food Preparation
- Packaging
- Food Safety
- Food Service
- Busser
- Food Handling
- Meal Preparation
- Culinary Experience
- POS
- Restaurant Experience
- Stocking
- Home Care
- Food Production

Certifications and Licenses

Servsafe Food Handler

Food Handler Certification